



MORE LIFE TRAINING: AN INTRODUCTION TO THE YEAR OF MORE



WRIGHT
FOUNDATION

FOR THE REALIZATION OF HUMAN POTENTIAL

CHICAGO

morelifetraining.com

Bring Out Your Best



SOCIAL & EMOTIONAL INTELLIGENCE: THE FIRST STEP IN BRINGING OUT YOUR BEST.

IF YOU'VE EVER FELT like you have untapped potential, or that you want more out of your life, career, and relationship—the More Life Training, an introduction to our year-long personal and professional development program, can help you bring out the best in yourself. Whether your main focus in life is business, strong relationships, parenting, community service, or have a strong life purpose, the More Life Training, and the Year of More, can provide a proven scientific method that can help make your visions your reality.

OUR MISSION is to empower the people we train to make the greatest contribution to their world that they possibly can. To do so, The Wright Foundation has developed a methodology for lasting change that brings together the best of neuroscience, positive psychology, behavioral economics, and education called The Year of More. The More Life Training weekend introduces the year-long personal and professional development program derived from a multi-year research study which examined individuals who experienced lasting positive change in their lives.

“ I was already a highly successful career woman but now, I am experiencing new excitement and possibilities for my relationships and work life. I’m taking on more responsibilities and increasing my compensation while I do it. ”

– Valerie, Global Sr. Director
Human Resources

“ I work in the not-for-profit field. Now, with the social and emotional intelligence training, rather than just thinking, dreaming and wanting to make a difference in the world, I am out making changes, influencing others, and powerfully contributing to my family, my work, and society.

– Molly, Attorney

80%

OF THE DIFFERENCE BETWEEN HIGH AND LOW PERFORMERS IN TOP LEADERSHIP POSITIONS, 80% COMES FROM SOCIAL AND EMOTIONAL INTELLIGENCE.



75%

OF JOB SUCCESS IS RELATED TO SOCIAL AND EMOTIONAL INTELLIGENCE—ONLY 25% IS BASED ON SKILL.

Radical and Real Results

Expect:

- Quantum leap in perspective and results
- A practical, easy-to-follow process to ensure sustained, lasting results
- A core methodology for thriving in every area of life
- Methods based on research and neuroscience

Why Social & Emotional Intelligence?

Studies show that recognizing your feelings and developing the skills to utilize, manage, and express your emotions:

- Is the most significant factor in career success
- Enhances leadership ability
- Increases intimacy and strengthens relationships
- Is the most important factor in raising happy, healthy kids
- Enhances cognitive ability and strengthens your immune system

LCSWs and LCPCs: Experiential Social and Emotional Intelligence Training that Earns 20 CEU Contact Hours

OF OUR PAST PARTICIPANTS:

94%

have more purpose, meaning in life

82%

were promoted or got a better job

92%

are calmer and better at managing stress

“ As a physician working in a high-level healthcare setting, I’ve found that boosting my social and emotional intelligence has made me more productive and satisfied. And, I significantly attribute my social and emotional intelligence to being rated as one of the top physicians in Chicago. ”

– Marilyn, Physician

“ A Magna cum Laude graduate from a top law school, I had a high-powered job, great salary, and good marriage all before age 30. But I learned there was much more available to me. I’ve combined my drive with my love of service to create a thriving law practice and a deeper, closer and more loving relationship with my wife. ”

– Bilal, Attorney

Call or go online now to register.
morelifetraining.com

312.645.8333

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Registration: Friday, 6:00 pm

Program: Friday, 7:00 pm – 11:00 pm

Saturday, 8:00 am – 8:00 pm

Sunday, 8:00 am – 8:00 pm

Led by the Experts in Social and Emotional Intelligence Training for Personal Transformation



Dr. Judith Wright

A media favorite, sought-after speaker, respected leader, best-selling author, world-class coach, and corporate consultant in the areas of personal transformation, leadership development, and personal goal fulfillment, Dr. Judith Wright wrote *Transformed: The Science of Spectacular Living, There Must Be More Than This, The One Decision, The Soft Addiction Solution*, and *The Heart of the Fight* to share her personal transformation and proven methodologies with a broader audience. Dr. Wright's ground-breaking research into the fundamental process by which human beings learn, grow, and develop is the core of the curriculum at Wright and the Wright Graduate University, which she co-founded. Dr. Wright has appeared on more than 500 radio programs and 80 TV programs, including *Oprah*, ABC's *20/20* and the *Today* show.



Dr. Robert Wright

Considered by many to be one of the leading thinkers in human development, Dr. Robert Wright is an internationally recognized visionary, educator, program developer, author, speaker, entrepreneur, consultant, and executive coach. In the course of coaching and training hundreds of C-level executives, Dr. Wright developed the Wright Model of Human Growth and Development. Called "one of the most powerful and comprehensive models of its kind," it forms the core curriculum at Wright and the Wright Graduate Institute, which Dr. Wright co-founded. He is also the author of *Beyond Time Management: Business with Purpose and People Skills*.

